



**“Macedonian Aikido Federation –  
Aikikai Macedonia”**

*and*



**“Henbo Aikido Dojo” – Skopje**

*invites you to a weekend aikido  
seminar!*

**27, 28 Feb & 01 Mar 2009**

*with*

# **Michele Quaranta sensei 6 Dan Aikikai**

*Mr. Quaranta has over 30 years aikido experience.  
He is a technical director of Slovak Aikido  
Association, Aikikai shidoin in Swiss aikido  
organization – ACSA and head instructor in  
Aikidoschule Basel.*



Details:

Schedule: Friday (27 Feb): 19:30 – 21:30 examination only (4, 3, 2 KYU)  
Saturday (28 Feb): 10:00 – 12:00 training  
17:00 – 19:00 training  
Sunday (01 Mar): 10:00 – 12:00 training

Price: The whole seminar >> **25 EURO**  
Only Saturday >> **20 EURO**  
(paid at the arrival)

Place: **Karate Center "Rabotnicki"**  
Street address: Ivo Lola Ribar 63, 1000 Skopje,  
R. Macedonia  
(Next to the shopping mall "Beverly Hills")

Registration (contact): **Damjan Cingarski**  
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